

Canadian Pilgrim



Newsletter of the Canadian Society of Mayflower Descendants

Vol. 42, No. 1



Spring 2022

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Editorial

Welcome to the 2022 Spring issue of the Canadian Pilgrim! As we salute spring, we see the lessening of the Covid restrictions that have kept us safe, but often isolated, over the past two years. Most of us will be remaining vigilant in social situations for a while longer.

I am pleased to assume the role of editor of our newsletter. About 10 years ago I attended my first meeting of the NS Mayflower Colony and earned membership in the General Society in 2013 after proving my relationship to Stephen Hopkins. I am presently serving as the Regent of the NS Colony which is an active and vibrant group.

My daughter, Jane Tooker, with a background in graphic design, is joining me in preparation of the newsletter. Our front cover is Jane's design, incorporating my photograph of the rigging of Mayflower II. We are inhabitants of southwestern Nova Scotia, an area that is rich in family connections to Mayflower pilgrims through waves of early migration from New England. Alden, Billington, Brewster, Chilton, Cooke, Eaton, Fuller, Howland, Hopkins, Mullins and Tilley are counted as our family although only Hopkins, Cooke and Chilton have been proven.

The Canadian Pilgrim is published twice yearly, in the spring and the fall, and is emailed to all CSMD members in good standing. Since it is sent electronically, please inform us if your email address changes.

This month's publication features articles from both general CSMD members and board members. Thank you for your submissions. We'd also like to hear from you! This is your invitation to submit an article for a future publication. Here are some ideas:

- Is there a story you can share about proving your ancestry to a Mayflower passenger?
- Are there any brick walls you have conquered?
- Are there any books you have read and would like to recommend on the topic of Mayflower research or passengers?

Submissions: Please email me at editor@csmd.org regarding submissions for future newsletters. All articles submitted should be Microsoft Word documents not exceeding 1000 words in length and photographs should be sent as 300 dpi or higher.

Remember that you can follow the Society on Facebook at <https://www.facebook.com/canadiansocietyofmayflowerdescendants> Be sure to like and follow us.

Keep informed via our web address: <https://csmd.org>.

Keep safe,

Cheryl Anderson
Editor, CSMD
Regent, NSCMD



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From the Governor

I am thrilled that we are putting out this issue of the Canadian Pilgrim under the leadership of Nova Scotia Colony Regent and Canadian Society of Mayflower Descendants Board of Assistants Member, Cheryl Anderson.

The Society has been busy despite the pandemic and the unfortunate cancellation of all 2020 and 2021 in person events.

The CSMD has been working hard on behalf of members and our work shows with the large number of applications the CSMD is handling and getting off to Plymouth for certification. This task has grown so large we now have a Historian and two Co-historians as well as a Board of Assistants team working with them.

The Canadian Society of Mayflower Descendants has improved the ability of the historian team to do their jobs more efficiently by working very hard on a new database which is just launching now. Member information is entered by the team and the whole application process gets streamlined into the database, making the application process much easier to follow and complete for our team on behalf of both prospective members and those who are looking to do supplemental lines.

The Canadian Society of Mayflower Descendants continues to be thrilled with the response to our program for Junior Members. The program currently has 27 members and has grown rapidly. The committee, led by Jean Wood of the Nova Scotia Colony, has been sending things to our Junior Members, much of which we got from sharing with other Society Junior Member organizations – many of the State Mayflower Societies have active Junior programs and it is fun to see what everyone comes up with!

I have been busy arranging Zoom meetings for some committees of the CSMD, such as the Historian team and the Database committee, and for our hybrid -part in person, part Zoom -Nova Scotia Colony meeting last fall. I have also hosted Zoom meetings for our CSMD Board of A and we have made some decisions which will need to be ratified as votes at our regular meeting, also held by Zoom, on 30 April 2022.

It is the fervent hope of everyone on the CSMD Board of Assistants that we may be nearing a point where many events can resume a more or less normal functioning, and that would hopefully include in-person meetings again soon.

Cheers,
Bill

William E. (Bill) Curry
Governor – Canadian Society of
Mayflower Descendants



POLICY CHANGE

Policy #15 has been modified by the Board of Assistants, at a recent Zoom meeting, to bring it into conformity with the policy of the General Mayflower Society in Plymouth. The existing Policy #15 dealt with the payment of annual dues and what happens to members who do not pay their dues on time. The recent revision of Policy #15 makes it clear that members who have not paid their membership dues are not eligible to submit a Supplemental Application(s) until they have been reinstated by payment of their membership dues.

Policy #15 - Revised 19 February 2022 now reads: "Annual Membership dues are payable on or before December 1 for the following year. Members who have not paid their annual dues by December 1 will be dropped from membership effective December 30 of that year. In exceptional circumstances a grace period of up to 30 days may be permitted on approval of the Treasurer. A member may be reinstated at any time by payment of dues for that year. They may choose to pay for the years they have missed but are not obligated to do so. Members dropped from membership are not eligible to submit a Supplemental Application until they have been reinstated by the payment of their membership dues."

Mayflower Junior Program

There are twenty-seven members in our Mayflower Juniors program. In 2021 Junior members received mail on their birthdays, at Thanksgiving and a package in April.

A reminder to members- you can sponsor a child in your family in this program until they reach the age of 18. The one-time registration fee for the Junior program is \$25.00. Contact Governor Bill Curry, The Junior Chair, if you wish details at bill@billcurry.ca



Submitted by
Jean Wood, CSMD Junior
Committee Member

The General Board of Assistants

The General Board of Assistants (GBoA) meets during the two years when the General Congress is not in session. The GBoA is formed by the Executive Committee, Former Governors General and Former Assistant Governors General as well as a Deputy Governor General (DGG) and Assistant General (AG) from each of the 54 Member Societies. The General Congress (almost) always meets in Plymouth, while the GBoA is hosted by different Member Societies: 2019 in Denver, Colorado; 2021 in Plymouth, Massachusetts (hosted by the Massachusetts Society); 2022 in Minneapolis, Minnesota; and 2024 in Asheville, North Carolina. 2020 would have been a General Congress, but a streamlined Congress with a shortened agenda was held by Zoom. The GBoA reports all action taken to the next General Congress following, and is primarily a means to communicate with the GSMD about projects and initiatives, rather than a body that takes binding decisions. General Congress will be in 2023, in Plymouth.

In addition to their own elected officers, every Member Society has a Deputy Governor General (DGG) and an Assistant General (AG) who are nominated by their Society to be elected by the General Congress. They represent their Society at annual General Board of Assistants meetings and at the General Congress. Responsibilities of the DGG and AG include keeping up to date on information distributed about the General Society, bringing to the attention of the General Board of Assistants any matters that should be considered, reporting to their Member Society Board a summary of actions taken at General Society meetings, and generating interest in the General Society.

The Canadian Society of Mayflower Descendants has nominated Maureen McGee as Deputy Governor General, and recently nominated Becket Soule as Assistant General to take the place of Glenn Cook. Once nominated by the Member Society, the GBoA elects the nominee to the position. If the DGG or AG (or both) cannot attend, the Member Society can name a member to act in their place for that meeting.



Submitted by Becket Soule,
Assistant General of CSMS

NECROLOGY



The Canadian Society extends sincere sympathy to the families of:

Louise McGillivray
Regina, SK
August 7, 2018.
Life member

Abbie H. Thompson
Nanaimo, BC
June 10, 2019
Charter member

Charles NEIL M Lund
Edmonton, Alberta.
Feb 3, 2020
Life member

Dr. Stephen Clarke White
San Francisco
Nov 29, 2021
Life member.

Miriam Wheeler,
Assiniboia, SK
Jan. 2, 2022
Life member

Sally Jane Pengelley
Peterborough, Ontario
Feb 1, 2022
Life member

New CSMD Members



Amy Harriet Bullerwell (NS)	<i>William Brewster</i>
Marion May Bullerwell (NS)	<i>William Brewster</i>
Rhoda Amelia Colwell Hill (ON)	<i>Susannah White</i>
James Russell Steven Rayner (ON)	<i>John Alden</i>
Bernard Donald Brennan (MB)	<i>James Chilton</i>
William Michael Hawke (ON)	<i>John Howland</i>
James Wallace McDonald (BC)	<i>William Brewster</i>
Shay-Lee Annette Jackson (MB)	<i>Francis Cooke</i>
Helen Elizabeth Clark Osborne (BC)	<i>George Soule</i>
Rose Hazel Walder (MB)	<i>Francis Cooke</i>
Freida Maretta Trask (NS)	<i>John Alden</i>
Nora Alma Jean Rayner McLain (ON)	<i>Priscilla Mullins</i>
Robert Carl Leslie White (ON)	<i>William White</i>
Eileen Marie McElvey (BC)	<i>Edward Fuller</i>
Clementine Lesley Wason Bardonner (BC)	<i>William Brewster</i>
Simone Meghan Macdonald Bardonner (BC)	<i>William Brewster</i>
Brian Douglas Trask (NS)	<i>Stephen Hopkins</i>
Miles Hastings Eldredge (BC)	<i>William Brewster</i>
Jennifer Lauren Marentette (ON)	<i>John Howland</i>
Jaye Lorraine Jarvis (ON)	<i>John Howland</i>
Tammy Loretta Sanford (NS)	<i>Richard Warren</i>
Brian Edward Garrah (ON)	<i>William Bradford</i>
Patricia Lorraine Fox Dauphinee (MA)	<i>Richard Warren</i>
Carol Anne Lynette H. Martin (AB)	<i>Constance Hopkins</i>
Paul Frederick Coleman (ON)	<i>Edward Doty</i>
Maureen Starr Jewell Quinn (BC)	<i>William Brewster</i>
Elizabeth Anne Carman F. Tough (AB)	<i>William Bradford</i>
Paul Albert Preece (ON)	<i>John Howland</i>
Dani Lee Hagel (SK)	<i>William Brewster</i>
Cody Travis McLain (ON)	<i>John Alden</i>
Kyle Brian McLain (ON)	<i>John Alden</i>

Supplementals

Nora McLain (ON)	<i>John Alden</i>
John Noble (ON)	<i>Myles Standish</i>
Cheryl Anderson (NS)	<i>James Chilton</i>
James McDonald (BC)	<i>Richard More</i>
William Curry (NS)	<i>Isaac Allerton</i>
Nancy O'Quinn (MB)	<i>John Howland</i>

Silver Supplementals

Bernard Donald Brennan (MB)	<i>Francis Cooke</i>
John Noble (ON)	<i>George Soule</i>
John Noble (ON)	<i>Edward Doty</i>

Submitted by the Historian Team



Sagamore William Guy's address to the *Nova Scotia Colony of Mayflower Descendants*

During the Annual Conference and General Meeting of the Nova Scotia Colony of Mayflower Descendants the group was excited to have Garnet Purdy, a local Pokanoket resident of Yarmouth County, NS come and give a presentation on his indigenous ancestry and his connection to the people who were on the shore when the Mayflower landed in Massachusetts in 1620.

Garnet's excellent presentation included a surprise for the Colony – the attendees were thrilled and honoured to be the recipients of an address to the Colony by none other than Sagamore William Guy, who has the Native Name of Po Wauipi Neimpaug (meaning Winds of Thunder).

The Sagamore, who is the leader of the Pokanoket people, gave us a video greeting and a detailed history of the Pokanoket and their interaction with the Mayflower Pilgrims and other indigenous folks in the area.

The Canadian Society of Mayflower Descendants is pleased to be able to share the video, with permission, and hope that viewers will learn from the experience.

Video link: <https://www.youtube.com/watch?v=kn6WwnfSPO8>



Leaf Pendant Bone Carving



Pokanoket Nation Badge

Bill Curry

Governor - Canadian Society of Mayflower Descendants

Past Regent - Nova Scotia Colony of Mayflower Descendants

Nova Scotia Mayflower Colony News

Hold the Date for our in-person Annual Conference and AGM!

September 23-24 at Middleton, NS.

Watch for details on our Facebook page <https://www.facebook.com/MayflowerNS>

and our website <http://mayflowernovascotia.ca/>.

We hope to see you there.

Cheryl Anderson, Regent- Nova Scotia Colony of Mayflower Descendants

*What Was That
Ailment? Answers
from page 10*

1c, 2b, 3e, 4d, 5a

The Story of Giles Heale

The Almost-Forgotten First Licensed Medical Practitioner to Serve in Massachusetts Bay

The expedition of the pilgrims to America in 1620 was a huge gamble. The separatists desiring religious freedom risked comfort, health and life itself. Illness was an ever-present threat and was met with archaic theories and herbal remedies.

However, the Mayflower did have some important medical resources: a copy of the medical textbook, “The Surgeon’s Mate” by John Woodall; William Brewster’s copy of the botanical masterpiece, “Dodoens’ Herbal” containing descriptions of plants that had medicinal value; newly-apprenticed Barber-Surgeon, (ship’s surgeon), Giles Heale; and Deacon Samuel Fuller who was later to become “Doctor” to the pilgrims once they landed in the New World. While Samuel Fuller’s church role in Leiden likely included visiting and comforting the sick, there is no evidence that he studied medicine in any formal way or was referred to as a doctor before his arrival in Plymouth.

Giles Heale, on the other hand, had studied medicine in England and was probably engaged by Thomas Weston as the ship’s



surgeon when Weston chartered the Mayflower. Heale had served as an apprentice in the Guild of Barber-Surgeons of London and had received the right to practice in 1619, the year before the Mayflower sailed.

According to the regulations of the barber-surgeons, it was necessary for a surgeon to be part of the ship’s company on passenger ships making voyages “beyond seas”. For almost 300 years, the name “Giles Heale” belonging to a man whose connection with the Pilgrims must have been intimate and important, lay undiscovered.

Heale’s participation on the voyage as surgeon was first noted by Henry Dexter in an article he published and presented to the Massachusetts Historical Society in 1889. Subsequently, we have Colonel Charles E. Banks, a retired United States Army Officer, to thank for re-discovering and bringing Giles Heale out of obscurity. Colonel Banks’ interest in historical research took him to England in early 1927 and he returned from London with a photograph of the nuncupative (unsigned) will of William Mullins, made on his death-bed in Plymouth in February 1621. He presented this photograph, (image below), to the Massachusetts Historical Society. The will is said to have been made on Mullins’ death-



Mary Heale's and Dr. Williams' inscriptions in the book in the Virginia State Library. Courtesy of the Virginia State Library.

prenticeship in London as a Barber-Surgeon on August 3, 1619 with Edward Blanie. On May 2, 1620, just prior to the Mayflower's voyage, Giles Heale filed his marriage intention to Mary Jarrett of St. Giles in the Fields. The voyage of the Mayflower was probably Giles Heale's first "real" job. Given that half the crew and half

On the back fly-leaf is written in a similar hand:

*Mary Heale
her Booke
February the xxiii in the yeare of our
lord
1621*

This book was donated to the Virginia State Library where it currently resides. It is further proof that Giles Heale was present in the Plymouth Colony and was considered to be their surgeon.

Heale remained through the terrible winter of 1620-21, and returned to England with the Mayflower the following spring in April

bed in Plymouth and Giles Heale's signature appears at the bottom as a witness along with John Carver, first governor of the colony, and Christopher Jones (Joanes), the captain of the ship.

Not only were many of the Pilgrims laid low by disease after landing at Plymouth, but there was considerable sickness on board the little vessel that was tossed about on the mighty Atlantic when it was underway but uncertain of where it would end up. It is speculated that Giles Heale must have been a very busy physician on the voyage and he likely officiated at the birth of Peregrine White when the "Mayflower" lay in Cape Cod Harbour. It is evident that he was the physician in charge at the sick bed of William Mullins and it may have been at Heale's suggestion that Mullins make his will after being informed that death was near. It seems that death was indeed so imminent to Mullins that he was unable to write his own will and had to have Governor Carver do it for him. Giles Heale, despite not being mentioned by Governor Bradford in his literary work, "Of Plymouth Plantation", was un-doubtably real and was on board the Mayflower for her historic voyage to New England.

Giles Heale was born about 1595, and had just completed his ap-

the passengers would ultimately die, he may have been quite unprepared for what ultimately played out. In February 1621, during the height of the first winter at Plymouth, Mayflower passenger Isaac Allerton gave him a book, "Annotations Upon the Psalms" by Henry Ainsworth. This gift was presumably in return for the medical care Isaac's wife, Mary (Norris) Allerton received following the stillborn death of a son on December 22, 1620 until her death nearly two months later on February 25, 1621.

Giles Heale regifted the book to his wife Mary on February 28, 1622 upon his return to England. It bears several interesting inscriptions.

On the front fly-leaf there is a manuscript note as follows:

*The Booke Was given unto
me Giles Heale Chirurgion
by Isacke Allerton Tailor
in Verginia the X of
February in the Yeare of Our Lord
1620*

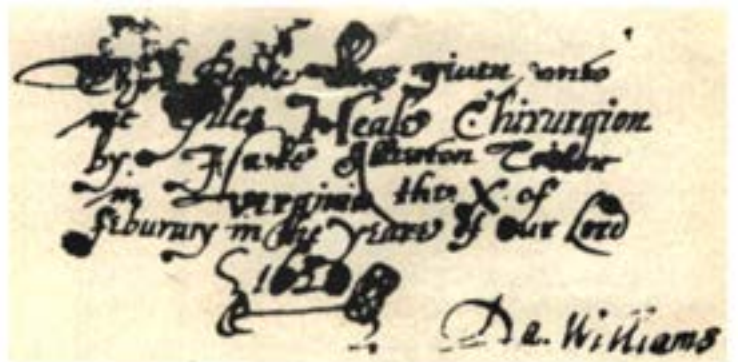
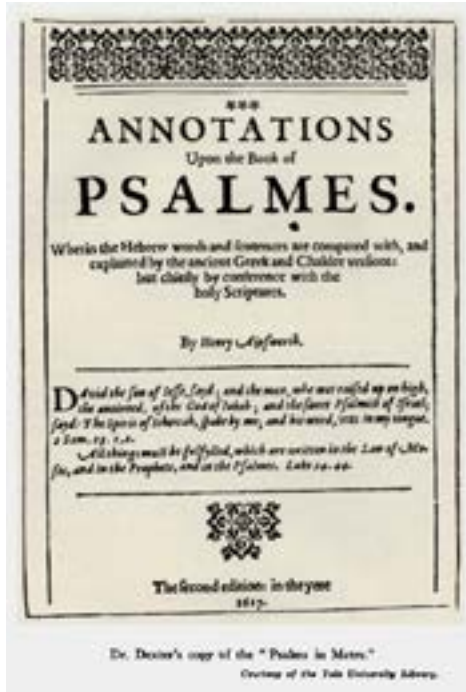


FIG. 4. Giles Heale's autograph in the book in the Virginia State Library. Courtesy of the Virginia State Library.

1621. He made at least one more trip to sea and probably more and retired to a practice in Drury Lane, London.

Giles and Mary had at least two children: a daughter named Mary was baptized on April 23, 1623 and buried four days later; and a son named William, was baptized on March 11, 1624 but is not mentioned in Giles' will, dated April 4, 1653.

In his will, Heale made a small bequest to his brother Henry, leaving the remainder of his estate to his wife, executrix of his will. Giles died at age 58 and was buried on April 8, 1653 at St. Giles-in-the-Field, as shown by an entry in the parish register.



Even though he may not have had intentions of remaining with the Plymouth Colony, (many ship's surgeons

did remain with other colonies), Giles Heale should be considered as the first licensed practitioner to serve in Massachusetts Bay.

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RUCKER, M. PIERCE. "GILES HEALE, THE MAYFLOWER SURGEON", Bulletin of the History of Medicine, vol. 20, no. 2, The Johns Hopkins University Press, 1946, pp. 216-31, <http://www.jstor.org/stable/44441044>



Submitted by Carol A. L. Martin, B. Sc. D.D.S. CSMD Surgeon

Mayflower Descendant Discovery in Leeds, Grenville County

I still remember that winter's evening in 2018 when I was researching my mother's side of our family tree and the elusive "Mayflower descendant" image popped up on the Ancestry hints feature. About three years later, after much further research, I submitted my application through the Canadian Society of Mayflower Descendants (CSMD) for the scrutiny and review of the General Society of Mayflower Descendants (GSMD) in Plymouth, Massachusetts.

This turn of events came as a huge surprise to our family, as there was no oral tradition about our distant link to the pilgrims of the Plymouth Plantation. 2020 was a big year for GSMD as it was their 400th anniversary of the landing of the pilgrims at Plymouth Rock in 1620. This resulted in about a six month wait time for all applications received. The CSMD members I dealt with were so helpful

and patient with me. A special shout out to John Noble and Judy Archibald, historians at the CSMD, who patiently



Brian Garrah and his mother

walked me through the application process and helped to finalize my application before sending it to the

GSMD.

In September 2021 I received the official approval from the GSMD tracing my ancestry to William Bradford, one of the original Mayflower pilgrims and the Governor of the Plymouth Plantation. I had to snap a picture with my mother and my certificate. To be honest, I can't stop smiling about it!

The Leeds Grenville connection originates on Hill Island around the 1840's. Our ancestor Maria Hoadley is our first Canadian link. She was born just a hop and a skip away on Wellesley Island in the United States. She married John Deryaw and they farmed on Hill Island where they raised their children. Many locals will have heard of the surname Deryaw. Two of the sons, Chauncey and Henry, were established ship captains on the Thousand Islands and the Great Lakes. Our ancestor was David Deryaw, who

moved to the mainland and set up his farm north of Gananoque in the South Lake area. Deryaw Road still exists today, and takes you to the original farmstead off of Hwy #32.

If there are any other readers who have a local Hoadley or Deryaw connection, chances are that you may also be a descendant of William Bradford. The GSMD maintains a database of all approved applications. If you receive approval, it makes it much easier for a relative to research and compile their application and submit it for review. The CSMD site csmd.org explains the process. You work directly with their historian to complete your application. I would estimate the total cost of the research and application

was about \$225 CAD, once the membership fees of the CSMD, GSMD and the official birth, marriage and death certificates of my ancestors from the provincial Office of the Registrar General were factored in. For our family, it was well worth it.

And a final shout out to the staff at the Leeds and Grenville Genealogical Society. During my research, I realized that the Hoadley/Deryaw generation from Hill Island was my weakest link and I would need further proof. I drove from Toronto looking for some help, and the staff took me into the “dungeon” in the basement of the Brockville Museum to locate the original land record book from the

1840’s for Hill Island, which included the references to John Deryaw and his property information. These extra details, although not required on the application, gave me the push to contact the CSMD and work on finalizing my submission.

Like many of you, genealogy has always been a passion for me. Achieving my Mayflower certificate was a key milestone. I am currently working with the United Empire Loyalists’ Association of Canada (UELAC) to pursue another possible ancestor link from the Kingston area. Who knows, maybe there will be another update in my future.

Submitted by Brian Garrah

Spring Tonics

Spring Tonic

The sun is getting warmer,
The air is growing soft.
Beams of gold stream down to Earth
Through cumulus aloft.
Green shoots rise up to greet the dawn,
The birds begin to sing,
The world seems so much lighter
On mornings in the Spring.

- a poem by Carol A. L. Martin

Tonics traditionally were seen as medicinal substances taken to provide vigour or a feeling of well-being. However, anything uplifting physically or mentally can be said to be a tonic: a kind gesture for a friend or a friendly greeting to a neighbour. Likewise, rest and relaxation, fresh air and exercise, gardening, painting, crafts, music or that glass of wine sipped on a warm evening can all be said to be tonics because all of these refresh the human spirit.

The English word ‘health’ derives from Old English ‘hælh’, (derived from Old English ‘hal’ of Germanic origin - the addition of the ‘w’ in whole/hal reflects a dialect pronunciation of the 15th century, (link:

Oxford Dictionary), which is related to ‘whole’ ‘a thing that is complete in itself, as in the state of your whole being/mind/body/spirit. It seems probable that early peoples, through trial and error, discovered which plants might be used as foods, which of them were poisonous, and which of them had some medicinal value.

Ancient humans did not regard death and serious disabling diseases as natural phenomena but thought that they were of supernatural origin caused by a malevolent demon or an offended god. By contrast, common maladies, such as colds and abdominal upsets, were accepted as part of existence and dealt with by means of the herbal remedies that

were available. Garden botanicals were prescriptive and became a dietary way of balancing the whole system and maintaining good health.

Plants such as dandelions and watercress reportedly provide that extra dose of vitamins and trace minerals that is needed to get energized for spring.



Before the days of refrigerators, freezers, and canning, colonists must have grown more than a bit weary of bread and salted meat over the winter months. We can hazard a guess that the lack

of fresh vegetables during that season left them nutritionally deprived as well. There is no doubt that the first edible wild greens to appear in spring were welcomed enthusiastically, no matter how tasty - or not - those greens happened to be.

The types of herbs, flowers,



berries, shoots and roots that could be found in both the past and the present vary according to location. However, many have always been common such as dandelion greens, burdock leaves, stinging nettle, violet greens, lamb's quarters, purslane, sassafras, sarsaparilla, sweet fern, speedwell flowers and greens, spruce tips, plantain, upland cress, wild onion (ramps), raspberry leaf,

rhubarb, spice bush. Some may be eaten raw and others may be added to cooked dishes or boiled to make tea. (link: Spring Tonics/Early Green Plants) Their benefits were more than nutrition alone - something else was involved - the ritual of going out to the woods and meadows after a long winter to find these gifts of nature and then the custom of preparing them.

After those first difficult winters in New England, maybe our ancestors discovered something - that winter was a time of darkness and a slower pace; a time of storytelling and reflection but also a time to know

and trust that spring would come again, with its life-giving, energizing sunshine and green growth.

We can learn from this now - leave your activity-tracking devices and app-filled smartphones at home.

Don't measure anything or make it a challenge. Try to see, hear, smell, and feel everything around you:

- the scents of spring. Just breathe.
- the sound of the wind in the trees. Just listen.
- a scolding squirrel, a soaring bird. Just look.

- lichen on a rock - a butterfly. Sit on a fallen log and feel the air. Just rest. This has been called "forest bathing" but we could call it just a walk in the woods..... or we could call it a spring tonic.

This alone is medicinal and will reduce stress, lower your blood pressure, improve function of the immune system, improve mood, increase energy level, and improve sleep.

No implements, baskets or pots required.....



Flutter by, butterfly,
Floating flower in the sky.
Kiss me with your petal wings—
Whisper secrets, tell of spring.

~
(Author Unknown)

Submitted by Carol A. L. Martin
CSMD Surgeon

What Was That Ailment?

Match these diseases from the 18th and 19th centuries

You might have seen some of these on old death certificates.

What was:

1. Bright's disease
2. canine madness
3. catarrh
4. cholera infantum
5. grippe?

Was it:

- a. influenza
- b. rabies
- c. kidney inflammation
- d. common non-contagious infection of young children in summer and autumn, caused by poor nutrition, e.g., pap.
- e. inflammation of mucous membranes of the head and throat, e.g., bronchitis, croup?

Disease terminology information used with permission of Craig Thornber creator of the GLOSSARY OF MEDICAL TERMS USED IN THE 18TH AND 19TH CENTURIES <https://www.thornber.net/medicine/html/medgloss.html>

Answers on page 5

Climbing the Family Tree

W. Becket Soule

Every member of the Society of Mayflower Descendants has a story about how they discovered their ancestor, or how they pursued their lineage, or how they overcame the intractability of some documentary problem (or some bureaucrat, clerk, or registrar), so that each and every application is in some sense a success story.

While many people assume that my own story is a short one, because there is a direct male line from George Soule (who married Mary Becket) to Becket Soule, that is not really the case. My father tried for a full forty years to prove his lineage, sifting through the evidence in deepest, darkest Dutchess County, New York (where documents go when they don't want to be found). The glitch in the direct Soule line is that Seneca Soule (named, oddly enough, for the Roman orator and poet, and not for the Iroquois Indian nation) had twin boys by his, erm, uh, "housekeeper," and the "standard" genealogical write-ups say that it was a "common law marriage," when it was clearly

and absolutely nothing of the sort. My father spent uncounted hours poring over books and bibles and tromping through cemeteries. All to no avail; he said, more than once, "You will never be able to join the Mayflower Society because we simply can't document the line." Gideon Ridlon, in his A contribution to the history, biography and genealogy of the families named Sole, Solly, Soule, Sowle, Soulis (1926, and filled with more errors than an early Mets game: he has my great-grandfather Millard Soule listed as "Mildred"), states that "Seneca Soule, Esq., the reputed son of Ebenezer and Martha (Thomas) Soule, born Jan. 29, 1760, in Dover, Dutchess, N. Y., was a man of education and a professional lawyer, who had a respectable clientage and acquired a comfortable estate. ... For several years Seneca Soule employed a somewhat venerable woman as housekeeper, and local tradition called her the mother of his children." Elizabeth Belden (for it is she) was nineteen years old when the twin boys, Seneca Soule, Jr., and Henry ("Harry") Soule, were born, and I don't know of any

culture or era in which that age is considered "venerable." When my father died in 2003, I picked up the challenge. One thing that quickly became clear was that my father concentrated only on Soule families, and did not pursue collateral lines and female lines with sufficient thoroughness. After a couple of years, I discovered an easily documented connection between my paternal grandmother and William Bradford, which could be demonstrated to the satisfaction of the General Society of Mayflower Descendants, and thus the "pressure" (which was 99% self-inflicted) was lessened after the first application was approved. This also opened the way to membership in



The Ancestor Wall

the Society of Colonial Wars. That same paternal grandmother had known of her relationship (second cousin) to a well-known man whose name we were forbidden to pronounce in her presence -- he was President of the United States between Herbert Hoover and Harry Truman, and was vilified by her alternately as a "Traitor to his class" and as the "Antichrist." But it was through that connection that we had always known of our descent from Philip Delano; a little further digging unearthed a descent from John Howland, which connected, unexpectedly, with the grandson of Seneca Soule. Once the Howland line was approved as a supplementary application, it was (comparatively) easy to fill in the blanks between Seneca Soule and his grandson Edgar Benson Soule, who married a descendant of John Howland and Philip Delano; this also showed that my paternal grandparents were fourth cousins.

This same connection also linked us (as well as through two other lines we later discovered) as fourth cousins to Olive Evangeline Freeman, the second wife of John G. Diefenbaker (PM 1957-1963).

Thus, the direct Soule line, which had been rejected by GSMD dozens of times in the previous forty years was finally approved, opening a veritable floodgate of applications from formerly frustrated relatives. These same lines, thanks to the advent of the Silver Supplemental, also enabled easy approval of lineages to Isaac Allerton, John Alden, and Richard Warren. The last named connection we had known about for some time, as my first name, and my father's, is Warren. I have recently completed, and had approved, a supplementary application for Samuel Fuller, the son of Edward Fuller (both father and son were Mayflower



The Knight of the Holy Grail by Frederick Judd Waugh

passengers): the reason why I chose Samuel (rather than his father Edward) was simply that this would be one generation closer, and thus involve marginally less paperwork. There are four other lines, which I am trying to document and hope to submit at the rate of one a year: Peter Brown, Edward Doty, Francis Eaton, and Samuel Fuller (the brother, rather than the son, of Edward Fuller). I think I will call a halt there, although there would be eight other passengers that could be added through Silver Supplementals since they are spouses, parents, or children of already approved passengers (Mary [Norris] Allerton, Mary Allerton, Edward Fuller, Priscilla Mullins, William Mullins, John Tilley, Elizabeth Tilley, and Joan [Hurst] Tilley). This search has resulted in four incalculable benefits:

1. Despite parental assurances to the contrary, I not only joined the General Society of Mayflower Descendants, but have been thrilled, blessed, and humbled to become active and to meet so many people

who have enriched my life in so many ways. While I know that many people's goal is to get the certificate (one and done), the continuing connections and relationships have been every bit as fulfilling as getting the initial certificate, as personally satisfying as that was. I am so glad that I didn't stop there.

2. Being an academic and a scholar by nature and profession, my library has grown by leaps and bounds. When a picture of one of my bookshelves, along with some of the certificates, was circulated several weeks ago, several people complimented me on how organised I was. I had to admit that it was merely the clever camera angle that made it appear so. I was flattered and honoured to be asked to take on the job of finishing off the Soule Silver Book, and it is a great joy to simply walk over to the shelf to get the Duxbury vital records, rather than have to do all of the tedious mucking about on the internet. Having a book in one's hands beats having a link, every time.

3. There is a great, if intangible, sense of closeness to history that comes from knowing that even one of my grandparents was on the Mayflower, was governor of the Colony of New Plymouth, and that numerous cousins were famous (or infamous) political figures, military leaders, explorers, writers, artists, scientists, and more. A copy of a painting by Frederick Judd Waugh hangs over the fireplace, but its beauty is enhanced by knowing that the painter was my uncle. It is only partially a joke that it does make a difference when I hear “Good Vibrations” to know I am (rather distantly) related to the Beach Boys. There is also a

sense of flabbergasted astonishment at the role of contingency in history. In the hauntingly eloquent words of Rick Burns’ film *The Pilgrims*, “John Howland’s survival was as fortuitous and random as his near fatal plunge. In the New World he would thrive, work off his indenture, become a cornerstone of the colony, and marry a pretty young woman named Elizabeth Tilley ... from whom over the next four centuries an estimated two million Americans would descend, including Ralph Waldo Emerson, Joseph Smith, Franklin Roosevelt, Humphrey Bogart, Chevy Chase, and both George Bushes, father and son,” William Jennings Bryan, both of Pres-

ident Theodore Roosevelt’s wives, Henry Cabot Lodge, Cecil B. DeMille, Dr. Benjamin Spock, Ted Danson, Christopher Lloyd, John Lithgow, the Baldwin brothers, Samuel J. Ervin (the US Senator [Jr.] and the NC judges [III and IV]) ... and myself. 4. Having seen how hard my father worked, for years, on this project, it is satisfying beyond words to know not only how proud he would be that I have demonstrated what he always felt was true, but how proud I am to be able to continue in his footsteps. This one’s for you, Dad.

The Portable Genealogist

Christopher C. Child and Lindsay Fulton, *Verifying Your Mayflower Lineage*. The Portable Genealogist: Research II. Boston: NEHGS, 2020. 8½” x 11” laminated, 4 pages: isbn 978-0-88082-402-6, \$7.95.

The most frequently asked questions by prospective applicants, and frequently the most daunting obstacles to completing an application, concern the collection of documentation to verify a Mayflower lineage. This recent addition to the valuable “Portable Genealogist” series is at once both a high level overview and a practical set of steps to go from the family legend of a connection to the Mayflower to an application to the General Society of Mayflower Descendants, or at least a verifiable confirmation that one is (or isn’t) descended from one of the 1620 passengers. The steps are simple enough: Step 1: Get organised; Step 2: Look for the best candidate; Step 3: Documentation. Much of this information is available elsewhere (the list of Pilgrims with known living descendants can be found on the GSMD website), but the advantage of this resource is that it is all together in one place. Some of the charts, such as the list of “hot spots” and “cold spots” where one is more or less likely to find Mayflower descendants, are original and quite useful. There are also warnings about possible obstacles, and the division into three groups (generations II-16, generations 6-10, and generations 1-5) provides important tips about where to focus one’s search for documentation. The bibliographical lists are not exhaustive -- how could they be in four pages? -- but they certainly present the most relevant and useful sources, including which ones can be accessed online. This will not tell you whether or not you are descended from a particular passenger, but it will save quite a bit of time, effort, and energy in the hunt.



Book Reviews

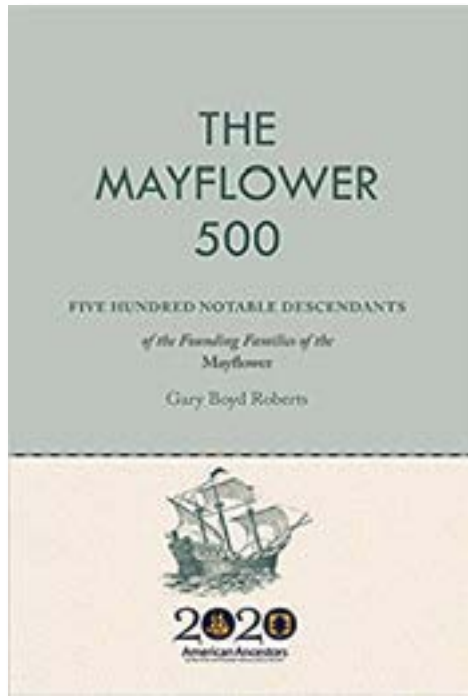
The Mayflower 500

Gary Boyd Roberts, *The Mayflower 500: Five Hundred Notable Descendants of the Founding Families of the Mayflower*. Boston: NEHGS, January 2020. lxxxiv + 1034 pages. Hardback: isbn 978-0-88082-397-5, \$59.95

Gary Boyd Roberts has been researching the lineages of the famous, the almost-famous, and the infamous, for decades. He is the author of *Ancestors of American Presidents* (first edition [1993] expanded and updated in 2009 to include George Bush and Barack Obama) and *The Royal Descents of 900 Immigrants to the American Colonies, Quebec, or the United States* (which started out as *500 Immigrants* [1993], and then grew to *600 Immigrants* [2004] and now lists *900 Immigrants* [2018]). While *The Mayflower 500* promises 500 “notable descendants,” it actually delivers 585: the additional 85 allow for some disproved lineages, plus living persons “whose lifetime achievement is still in progress” (p. i). There are several appendices of note: the first gives descendants of John Howland’s brothers Arthur and Henry, and the two younger brothers of Edward and Gilbert Winslow (Josiah and Kenelm), even though these figures would not be descended directly from a Mayflower passenger. A second covers the pedigrees of officers, staff, trustees and councillors of the New England Historic Genealogical Society, with which Roberts has been associated since 1974 and where he now serves as Senior Researcher.

Roberts’ sources and manifold: in addition to genealogies and local

histories, he cites journals, manuscript collections, compilations or vital records, and “each of my own 159 [!] genealogical notebooks, devoted largely to the ancestry of American, British, and European



notables of the last several centuries” (p. v). He adds, to remove all doubt, in italics and boldface that this “volume is not a sufficient citation for GSMD applications, but the cited sources will usually incorporate or suggest appropriate records that such applicants may use.” So be forewarned!

The collection is divided into two parts: the first is a list of the 585 descendants in alphabetical order,

followed by the same descendants arranged according to the 22 Pilgrim families (one founding family has no notable descendants -- more about that later). The second section arranges the descendants according to occupation or achievement: starting with Presidents of the United States, the list is grouped into military leaders, artists, politicians, writers, religious figures, businessmen, entertainers and sports celebrities, scientists (social and “hard” sciences), and reformers, among others. The “miscellaneous” provides the pedigree of a cattle breeder and some circus performers. Many, if not most, of these are descended from two or more, and in a few cases, seven or more, Mayflower families, so that multiple lines are given a complex and complicated pattern. It is surprising to see some of the names on this list, as it is definitely not a collection of the “usual suspects” (I did not find a section for criminals, although there were some unsavoury characters). While this book has no real plot, one can spend hours looking through its catalogue of the good and the great.

The best guesses as to the number of contemporary Mayflower descendants -- or the number of Mayflower descendants since 1620 -- range from 35 million (living) to 70 million (since the seventeenth century, with

the number more or less doubling with every generation), yielding a little less than a third of the New England derived American population overall. This is fascinating, but the mathematics becomes even more startling: “23 couples have left, say, 2.5 - 3 children in each of 12 to 15 generations, with massive overlap (I would say 80% or more) due to intermarriages among descendants of these ‘founding’ families” (p. xiii, emphasis in the original). The interest in discovering descent from a Mayflower passenger is compounded when that discovery

entails kinship with other famous and notable figures in American history (“Do you mean that I am really related to the Beach Boys?!”).

“The interest in discovering descent from a Mayflower passenger is compounded when that discovery entails kinship with other famous and notable figures in American history”

That recognition makes so many elements of American history and culture come alive, not only in the Plymouth story, but at numerous points in the last 400 years. The personal connection is never simply a fact. One of my favourite blog posts has the title, “You are probably

descended from royalty. So is everybody else,” and it is surprising to see what even a single line can produce. The one and only passenger who has known offspring, but who has no notable descendants listed here, is Richard More. But since he numbers Malcolm III of Scotland and Edward I of England among his forebearers (see NEHGR 124 [1970]: 86-87), while there may not be notable descendants from Richard, his living descendants can all claim royal ancestry..

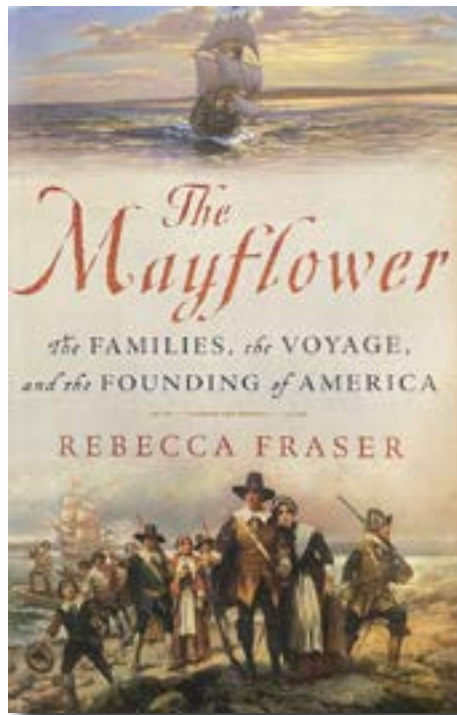
- W. Becket Soule

The Mayflower

Rebecca Fraser, *The Mayflower: The Families, the Voyage, and the Founding of America* (New York: St. Martin's Press – 2017)

Rebecca Fraser, the daughter of the distinguished UK historian and novelist Lady Antonia Fraser, has written a highly-readable history of the Pilgrims that looks not only at the events leading up to the voyage of the Mayflower but the aftermath of the next 80 years, as viewed primarily through the lens of two generations of the Winslow family.

The book catalogues the Pilgrims' experiences in Leiden, the preparations for the historic voyage, the horrific conditions at sea, and the adversities suffered while seeking a safe harbour in the New World. It also outlines in detail how totally unprepared the Pilgrims were for their first winter in Plymouth. Had it not been for the friendship of the Native American Chief Massasoit and the Wampanoag peoples, the entire undertaking would have ended in catastrophe. Edward Winslow is rightly depicted as an able administrator and diplomat, whose genuine interest in the Native Americans prompted him



to eventually learn their language and travel with them by canoe into the undiscovered forest reaches of New England – an astonishing act of pioneer courage and fortitude.

Within a decade of their arrival, the Pilgrims' dream of founding a utopia is confounded by the arrival of ‘Strangers’ who do not share

their rigid views on religion and also by their own peoples' eventual desire for more land. As the Great Migration progresses, inevitable tensions arise with the Native Americans resulting first in the Pequot War, and culminating in the bloody King Philip's War. Fraser ably limns the pivotal roles played in the latter by Edward Winslow's son Josiah and Massasoit's son Metacom (King Philip), and the tragic consequences for both sides. Fraser has skilfully woven in the other major historical events of the period and their effects on the Pilgrims -- the persecution of the Puritans in England, the establishment of the Commonwealth under Cromwell, the Anglo-Dutch Wars and the Restoration. The book ends on a poignant note with the death on 20 July 1704 of the last surviving Pilgrim, Peregrine White (Edward Winslow's half brother), who had been born at sea on the Mayflower.

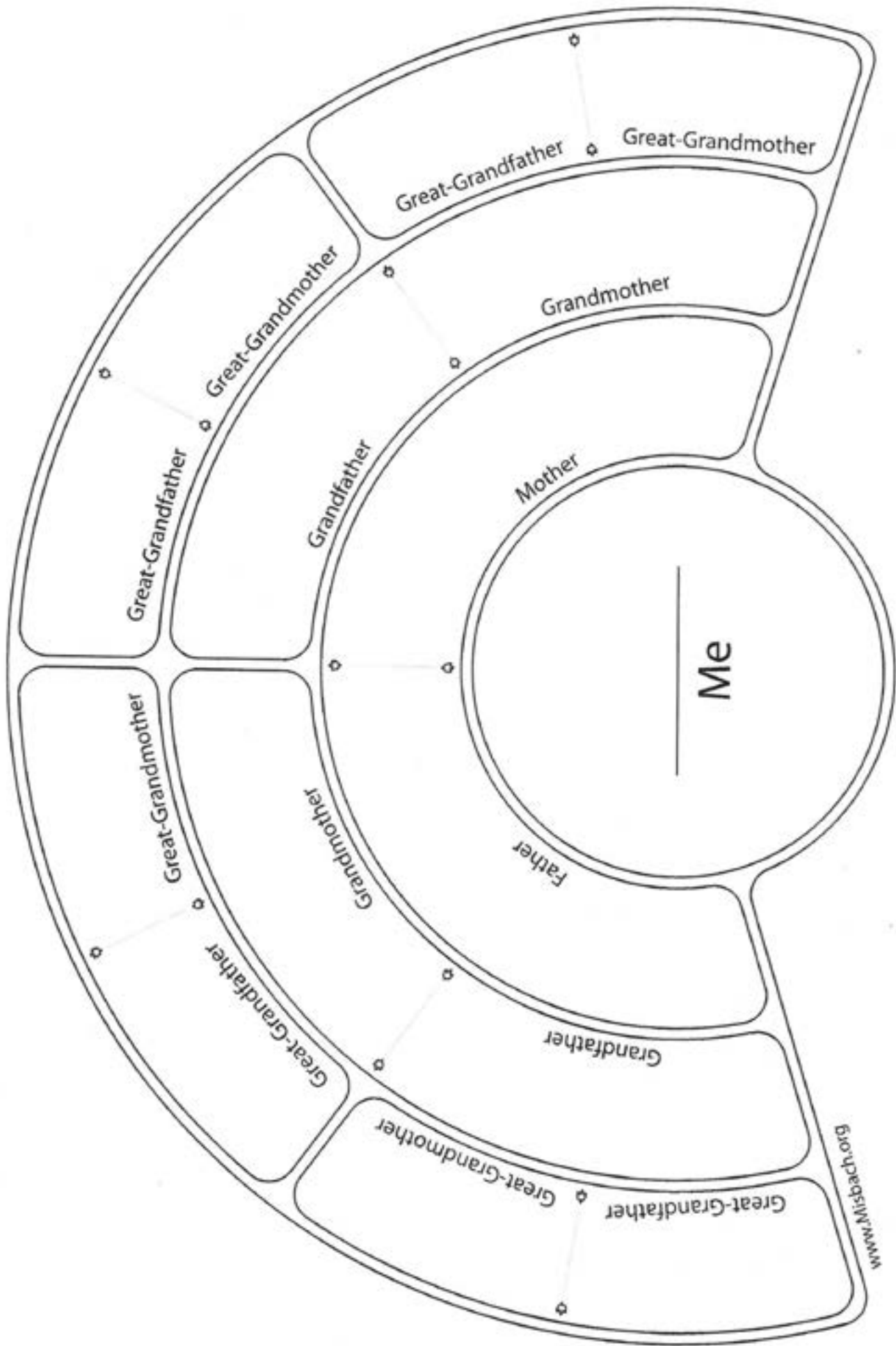
- George McNeillie

JUNIORS' ACTIVITIES

The Junior activities are either created by the Editor or used with permission from another post. The My Family Chart on the following page is a great family activity. For my young granddaughter, I put the names on separate pieces of paper and mailed the package to her. Then her parents helped her correctly arrange the generations before she printed them in the spaces. This is training in genealogy research!

L M A Y F L O W E R C I O S D	ALDEN
C N A I S N A M B S B D F P B	ALLERTON
D S B B O M L A N B T C N E R	ATLANTIC
A E R T D C D S O I B H E E F	BILLINGTON
D B E L H O E S P L R I T D C	BRADFORD
T F W N C O N A R L A L H W C	BREWSTER
A S S P S C M S N I D T E E O	BROWN
A W T R D B R O W N F O R L T	CHILTON
L A E R N C N I G G O N L L A	COOKE
T L R N I H O T M T R G A A S	ENGLAND
O A L L E R T O N O D O N H O	MASSACHUSETTS
E N G L A N D C K N X X D I D	MASSASOIT
M A S S A C H U S E T T S Q I	MAYFLOWER
F F L L I S S U R N P S M E N	NETHERLANDS
A T L A N T I C D N S L S P O	OCEAN
	SPEEDWELL

G N D L E N Q D H L	CLAMS
E C K Y L A N D P S	COLONY
Y R S M O C O R N Q	CORN
F L W A T E R E B F	CROPS
O C R O P S H P L E	FAMILY
R C L A M S H I P R	FISH
W T O C E A N S Y J	LAND
F A M I L Y E L L C	OCEAN
C N E C O L O N Y Y	SHIP
L L H K R F I S H O	WATER



My Family

www.mrschick.org